**CURRICULUM VITAE**

**Dr. Antigoni Pontikou**

**PERSONAL DETAILS:**

First name Antigoni

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**QUALIFICATIONS**

**June 1995: “** Apolitirio Likiou**”** - Kikkos B-High School,Grade:18,36

**October 2001:**

<PTICHIO  IATRIKIS >. Medical Department, Health Science School, Medical University of  Ovidius-Constanta (Grade 8,67)-Excellent.

**November 2002**: Recognition of medical diploma after DIKATSA examinations in Athens

**April 2008**: Attended and succeeded the Specialty Examinations in Athens, receiving the diploma of specialty in Anesthesiology.

**CLINICAL EXPERIENCE**

**November 2001-November 2002**: Senior House Officer at Nicosia General hospital.

Six months in the Internal Medicine Department and six months in the General Surgery Department.

**Mar 2003 - October 2004**: Senior House officer (Trainee) in Anesthetics in the Department of Anesthesiology at Nicosia General Hospital.

**November 2004-March 2008:**

Senior House Officer (Trainee) in Anaesthesiology, Hellenic “Red Cross” Hospital of Athens.

**2008-2010** Consultant Anesthetist at Cyprus Oncology Center as a Co-coordinator of the Pain Management Department

**2008-until now**

Consultant Anesthetist at APOLLONION PRIVATE HOSPITAL

Our hospital functions with six operation theatres that work 24hours /day and covers all major surgical specialties for both adults and children.

I work with all surgical specialties: General Surgery, Plastic Surgery, Urology, ENT, Orthopedic Surgery, Gynecology-Obstetrics, Neurosurgery, Pediatrics Surgery, Bariatric Surgery, Vascular Surgery (especially minimal invasive)

With special interest in the field of Interventional Cardiology including Trans catheter aortic valve replacement, Trans catheter mitral valve repair

**TEACHING.**

Clinical instructor for Medical School students (General Surgery Course): Practical skills and Lectures

**Oral Presentations:**

* Subject: “Postoperative Auto-transfusion of Shed Blood in Total Hip Arthroplasty”

 Rousakis G.,**Pontikou A**., Foniadakis D., Xynis E.,Thanopoulos J., Fassaris A., Theodoratos G.( presented at the International Congress of Orthopaedic Anaesthesia and Pain, Instabul 26-29 April 2007)

               Anaesthetic Department of Hellenic Red Cross Hospital of Athens

              Orthopedic Department of Hellenic Red Cross Hospital of Athens

**This Oral presentation was awarded as best oral presentation of the Congress.**

* Subject:“Endovascular management of abdominal aortic aneurism .Results of three Anaesthesia techniques**”**

Georgakis P,Grigoriou S,Ksinis E,Ritsoti L**,Pontikou A,**Katsouli E.

*Anaesthetic Department* of Hellenic Red Cross Hospital of Athens *(presented in the 17 th  Hellenic Congress of Anaesthesia Athens ,May 2007)*

* Subject: “Τεχνικές αυτομετάγγισης στην Ολική Αρθροπλαστική Ισχίου”

Ρουσάκης **Ποντικού Α**,Φωνιαδάκη Δ,Ξινής Η,Θανόπουλος Ι,Φάσσαρης Α,Θεοδωράτος Γ

Τμήμα Αναισθησιολογίας Ελληνικός Ερυθρός Σταυρός (presented in the 63 th Hellenic Orthopedic congress, Athens, October2007)

* Subject: **“** Burn out syndrome in Greek Anesthesiologists : preliminary results

**Pontikou** ,Fassaris A, Michaloglou A. Pittakas M. Mpoutsi S. Tsiotou A, Mavromati .

         *Anaesthetic Department of Hellenic Red Cross Hospital of Athens*

(presented in the 34 th  Hellenic Medical Conference May 2008 Athens)

* Subject: **“**Surgical management of pulmonary metastasis of malignant melanoma.

G.Athanasiades,Ch. Pavlidou,A.Stamatelopoulos ,D.Foniadaki,**A.Pontikou,** K.Oikonomou,L.Zoganas

Department of Anaesthesia and Department of Thoracic Surgery  Red Cross Hospital Athens

Presented in the 8th Hellenic conference of North Greece(2007)

* Subject: ‘Local anesthetic toxicity syndrome’

Oral presentation A.Pontikou

Anesthetic department of Apollonion Private Hospital

(presented in the National congress of Anesthesia,Cyprus 2017)

**Poster Presentations :**

* Subject: **“**Burn out syndrome among   Greek Anaesthesiologists ”

**Pontikou A.,**Fassaris A.,Zacharopoulou P.,Mavrommati E.,Sergentanis T.
 Anesthesiology department RED CROSS HOSPITAL**.** Presented in the  Euroanaesthesia conference in Denmark June  2008.

**COURSES ATTENDED**

I am really interested in Emergency life support and since 2005 I am a full ALS instructor as a member of ERC courses that are organized in Cyprus and in Athens.

Since 2007 I have been a full EPLS (European pediatric life support) instructor, attending courses that are organized in Athens and Ioannina.

* PHTLS provider (Prehospital trauma life support ) 2003,Nicosia
* ALS provider (European Resuscitation Council ,April 2004)
* ATLS provider (American College of Surgeons, Hellenic Chapter , March 2005)
* ALS Generic Instructor Course (European Resuscitation Council, Hungary ,May 2004)
* **ALS Instructor** by 2005. Attend ALS provider courses as an instructor since 2005
* EPLS provider (European Resuscitation council, June 2007)
* **EPLS instructor** since November 2007.
* **EPLS Course director in Cyprus** since 2010
* 1st scientific symposium on Resuscitation :The new guidelines :What is changing and why.(December 2005 ,Nicosia)
* Electrolytes Disorders & Acid-Base Balance (Hellenic Society of Surgeons, Nov 2006)/CPD:3
* Attended Courses organized by the Greek Society of Anesthesiology:
	1. Critical incident and Anaesthesia.>- November 2006
	2. Critical incident from cardiovascular system during the perioperative period in cardiovascular patients > February 2007
	3. Monitoring of respiratory system-mechanical ventilation> -March 2007
* Training course for the use and management of the system of continuous replacement of renal function
* Attendance of the 3rd scientific symposium: <Anaesthesia in Orthopaedic surgery >

(Athens 2-3 February 2007) ,UEMS:8p

* Attendance of  the 2 nd F.E.E.A course (Thessaloniki ,February 2008)
* Attendance of seminar <Prescribing opioids :problems and difficulties>

(34 th Hellenic Medical congress, Athens, May 2008)

* Attendance of seminar:<Perioperative medicine> (34 th Hellenic Medical congress, Athens ,May 2008)

* Participation as an instructor in the seminar: <Airway management> organised by the Hellenic Society of Anaesthesiology(34 th Hellenic Medical congress, Athens ,May 2008)

* Participation at various annual meetings of Anesthesiology in Europe (ESRA, ESA, OAA annual courses)

* Participation at Annual Regional Anesthesia hands-on workshops

**Memberships:**

* Member of the Greek Society of Anesthesiologists
* Member of the Society of Anesthesia and Intensive Care Medicine of Northern Greece.
* Member of the Greek Medical Association
* Member of the Obstetric Anesthetist Association
* Member of the European Society of Anesthesiologists
* Member of the European Society of Regional Anesthesia
* Deputy Chairman of Health and Safety Committee of Apollonion Hospital
* Member of the Scientific committee of Apollonion Private hospital

**OTHER INTERESTS:**

**Reading, jogging, music  movies cooking, travelling .**

Native language: Greek

Second language Other: English, Romanian